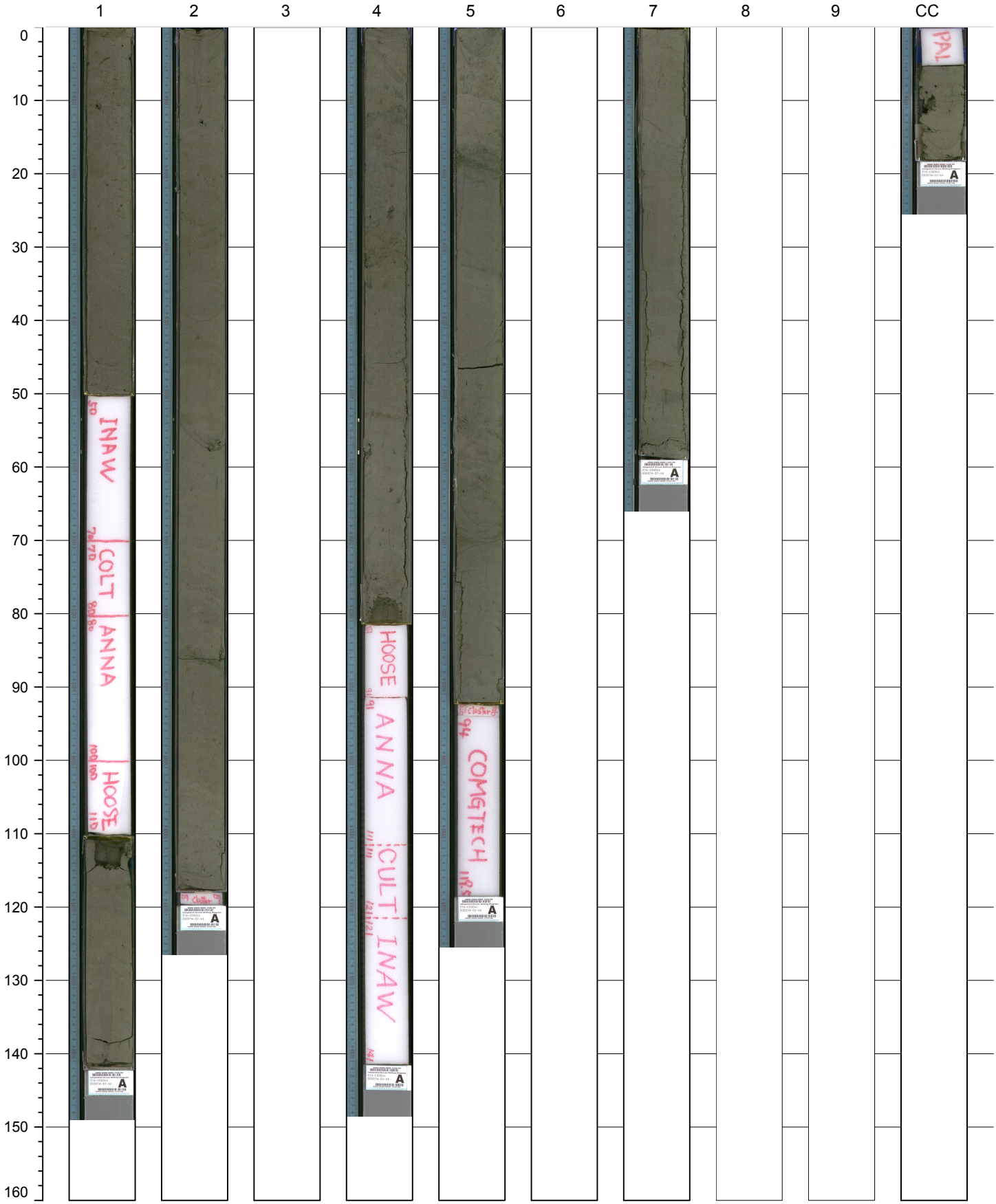Hole C0004C Core 1H, interval 0-6.43 m (core depth below seafloor)