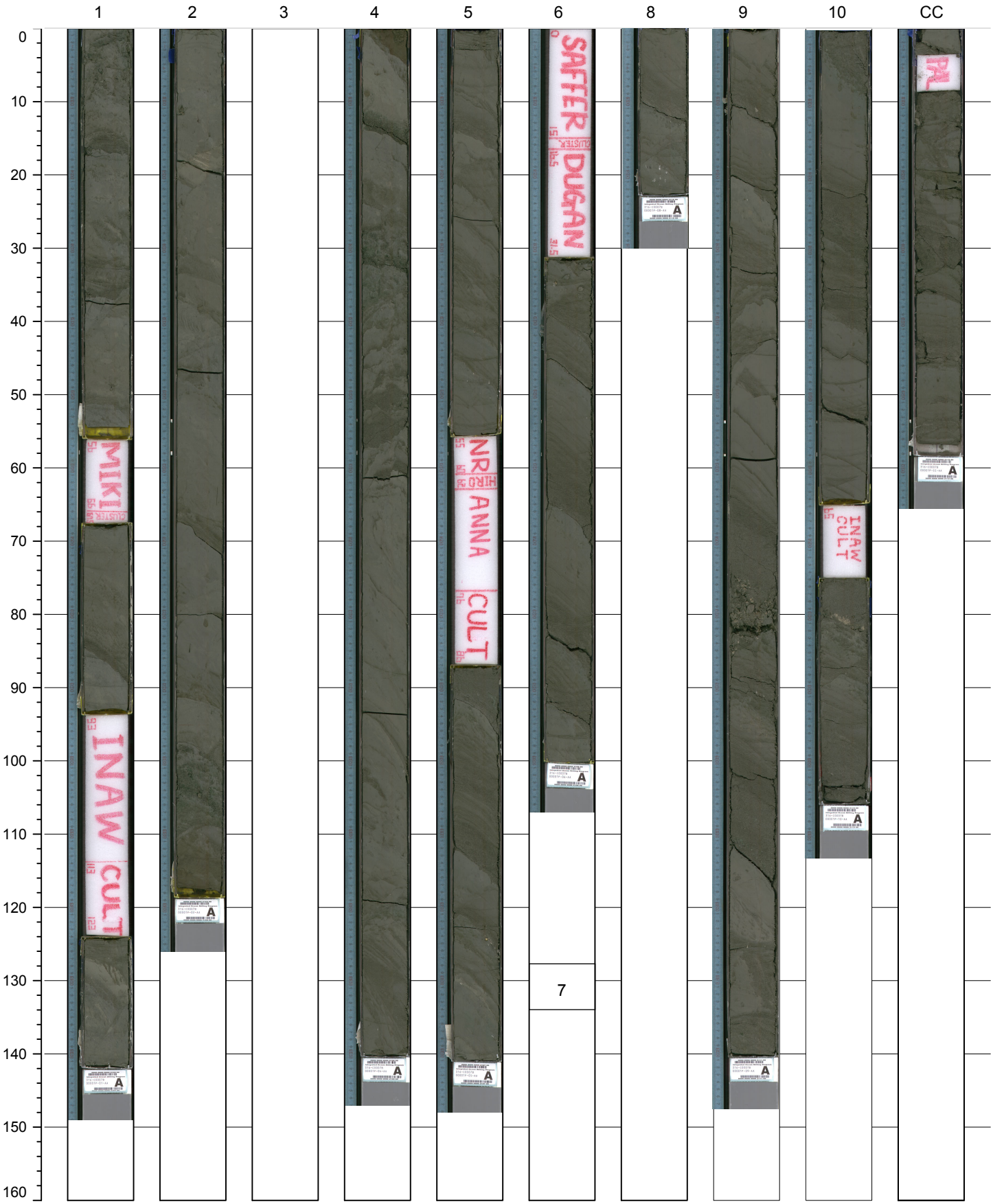Hole C0007B Core 1H, interval 3.14-12.645 m (core depth below seafloor)