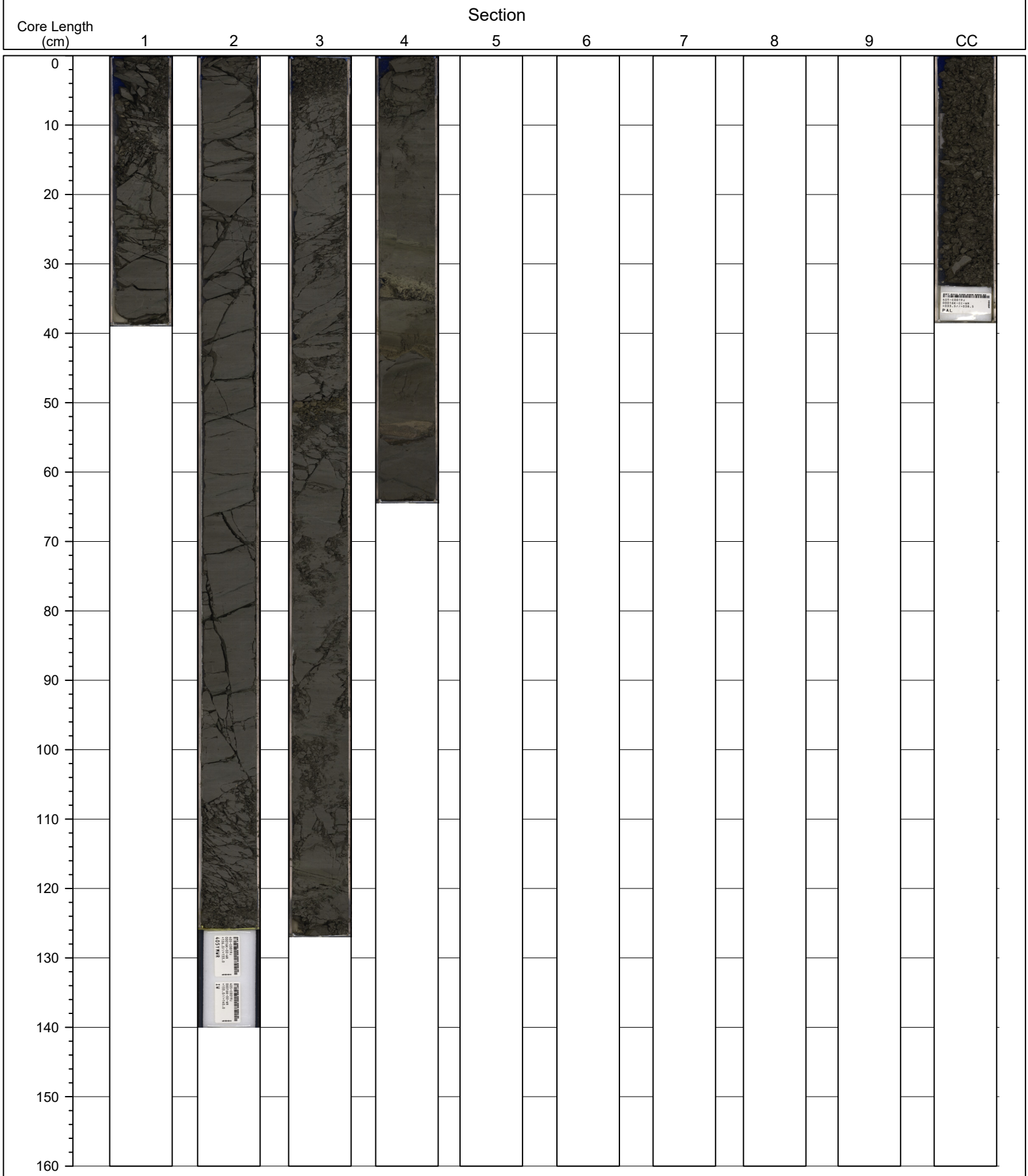Hole C0019J Core 16K, interval 224.5 to 228.59 m CSF-A